

2009-2010
Ice Hockey Manual
For Coaches and Officials



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Ohio High School Athletic Association

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MEMORANDUM

To: Ice Hockey Coaches and Officials
From: Steve Neil, Assistant Commissioner
Date: September 8, 2009
Re: Information for the 2009 Ice Hockey Season

Please find an update NFHS Ice Hockey rules book enclosed in this mailing that will help you to prepare for the upcoming ice hockey season. For the updated OHSAA Ice Hockey regulations visit the website <http://www.ohsaa.org/sports/rglts/IH08-09.pdf>

Please note that the state rules interpretation meeting is **mandatory** for high school coaches and all officials. If you were not able to attend the rules interpretation meetings feel free to reach out to rules interpreter Gary Wilkins to set up a make-up meeting at gwilkinschc@colsicerefs.com.

We appreciate you taking the time to carefully review this information and have a terrific ice hockey season!

NOTE: If this mailing has been received by the high school principal, please see that it is forwarded to the coach. Team assignments and OHSAA ice hockey tournament information will be posted to the OHSAA website (www.ohsaa.org) under sports and tournaments, ice hockey.

Have a great season!

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1. OHSAA MISSION STATEMENT

The Ohio High School Athletic Association's mission is to regulate and administer interscholastic athletic competition in a fair and equitable manner while promoting the values of participation in interscholastic athletics as an integral part of a student's educational experience. The OHSAA represents its member schools by recognizing and promoting academics, the safety of participants, good citizenship and lifelong values as the foundation of interscholastic athletics.

2. NFHS SPORTSMANSHIP STATEMENT

Good sportsmanship is viewed by the National Federation of State High School Associations as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship.

3. OHSAA SPORTSMANSHIP, ETHICS, AND INTEGRITY

As we prepare for the upcoming seasons, we wish to emphasize to each of you the importance of your leadership role in sportsmanship, ethics and integrity. The professional manner in which officials and coaches conduct themselves prior to, during and following a contest unquestionably impacts the behavior of others involved.

The OHSAA has joined the National Federation of State High School Associations (NFHS) in its quest to improve sportsmanship, ethics and integrity. We are involved in an ongoing campaign in every sport to do just that. Printed below is the mission statement of the NFHS concerning sportsmanship, ethics and integrity. Please take the time to read and digest this statement and then carefully consider your impact upon the players, officials, coaches, and fans. Thank you and have a great season.

RespectSM
THE
GAME

4. 2009-10 ICE HOCKEY STATE RULES INTERPRETATION MEETINGS

By OHSAA Board of Directors regulation, any school sponsoring interscholastic contests in high school ice hockey must have the head ice hockey coach, assistant ice hockey coach or athletic administrator attend one of the rules interpretation meetings. Any school failing to meet this requirement will be ineligible for any OHSAA sponsored tournament competition.

Officials who fail to attend one of these meetings will be suspended the following year. Attendance is also required in order to be eligible for state tournament assignments in the current year.

It will be the responsibility of the head ice hockey coach, assistant ice hockey coach or athletic administrator of each school and officials to be in attendance within 10 minutes of the start of the meeting and stay until the conclusion of the meeting in order to receive credit for attendance.

Current sites, dates, locations, and times for rules interpretation meetings can be found at: <http://myohsaa.ohsaa.org/public/stateMeetings.aspx>

Those coaches or officials who do not attend a regularly scheduled rules interpretation meeting or the scheduled make-up meeting may request a special make-up meeting from rules interpreter Gary Wilkins (614.470.5900). Such meeting must be held no later than Friday, November 20, 2009. The fee for a special make-up meeting is \$50.00. Requests after the above date must be addressed to the Commissioner.

5. 2009-10 ICE HOCKEY LOCAL OFFICIALS ASSOCIATIONS

Local ice hockey officials associations please check *MYOHSAA* for updates: <http://myohsaa.ohsaa.org/ohsaahome.aspx>

6. 2009-10 NFHS ICE HOCKEY RULES CHANGES

1. Changes for goaltender equipment.

(Strongly recommended for the 2009-10 season and mandatory in 2012-2013)

- a. The goalkeeper's leg pads shall not exceed 11 inches in width. The maximum length shall not exceed 38 inches when measured on the leg of the player. The boot of the goal pad shall be no less than 7 inches in length and must be flat or concave in appearance
- b. The goalkeeper's blocker glove shall not exceed 8 inches in length at any point. The flap protecting the thumb and wrist must follow the contour of the thumb and wrist. The protective piece shall not exceed 7 inches in length when measured from the top of the blocking surface
- c. The goalkeeper's catching glove shall be a maximum of 45 inches measured around the perimeter of the glove. The wrist cuff of the catching glove shall be no more than 4 inches in height or 8 inches in width.

2. The positioning of all face offs will now take place at one of the nine designated faceoff spots (eight plus center ice).

- a. In addition, following any penalty against a team, the ensuing faceoff will take place at the face off spot in the offending team's defensive zone (circle near goaltender)
- b. Also, following any hand pass, the ensuing faceoff will take place at the faceoff spot in the offending team's defensive zone

3. The home team must wear white jerseys.

7. 2009-10 OHSAA HANDBOOK CHANGES: ICE HOCKEY

I-Ice Hockey Sports Regulation #1.5 > Schools Sponsoring New or Renewed Ice Hockey Programs (P. 109):

A member school, when instituting an interscholastic ice hockey program for its initial season, or renewing such a program after not having had an interscholastic ice hockey program the preceding school year, shall be permitted to conduct tryouts for such interscholastic ice hockey squad between April 15 and May 30 of the relevant year.

Said tryouts shall be conducted under the direction and supervision of the head and/or assistant coach for that interscholastic ice hockey squad, or if not yet retained, an adult familiar with interscholastic ice hockey who shall be selected by the principal and/or athletic director of such school.

Said tryouts shall be conducted so as to conflict as little as possible with spring sports sponsored by the member school. Sundays may be used for such tryouts if no other dates are conveniently available for the student athletes, due to academic, athletic or extracurricular activities.

Said school shall conduct no more than three (3) such tryout sessions.

The school shall also conduct a supplemental tryout at the beginning of the winter sports season for all student athletes who could not attend the earlier tryout or who have since enrolled at the member school.

Students qualifying for such squad at the initial April/May tryout shall not be removed from such squad at the winter sports tryout unless academically or otherwise ineligible for participation.

This set of procedures may likewise be used by a member school which is reestablishing an interscholastic ice hockey program so long as such school did not compete in the OHSAA State Ice Hockey Tournament the preceding school year.

II-General Sports regulation 6.3-Physical Fitness Programs (P. 66):

Equipment used in playing a sport is prohibited in physical fitness programs, except that mats may be used for safety purposes, **and sticks** in the sport of field hockey and ice hockey may be carried.

III-General Sports regulation 4.5-Non Interscholastic Programs (P. 64-65):

Players can participate on non-interscholastic teams prior to the school season providing there are **no more than five (5) players** from the same school **on that non-interscholastic team.**

8. 2009-10 OHSAA REMINDERS

The following guidelines should be adhered to prior to the official start of practice on November 6, 2009:

- School coaches may lead conditioning drills with players using sticks but a **puck may not be used.**
- Players can divide up and scrimmage during open ice but there can be no adults on the ice during this time. Coaches, parents or other adults may observe but **may not provide instruction**, direct the activity, select the teams, etc.
- Players can participate on non-interscholastic teams prior to the school season providing there are **no more than five (5) players** from the same school **on that non-interscholastic team.**
- Preseason instructional programs may **not be mandatory, exclusive, or evaluative** (i.e., used to make roster decisions).
- Weightlifting and conditioning, are permitted **off-ice** activities.
- **No drills** may be conducted **involving team play, power play, penalty kill or offensive or defensive schemes** of any kind.

These OHSAA rules must be strictly adhered to in order to protect the fairness and integrity of the sport.

Please review the 2009-2010 OHSAA Constitution, Bylaws and Sports Regulations for any other questions

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9. 2009-2010 CALENDAR AND IMPORTANT DATES

Coaching begins	November 6, 2009
Earliest preview date	November 20, 2009
Season begins	November 27, 2009
Non-interscholastic date	January 25, 2009
District	February 15 - March 6, 2010
State	March 13 - March 14, 2010
Season ends	March 14, 2010
No contact period (coaches)	August 9 - September 6, 2010

10. OHSAA CONTACT INFORMATION

Name	Title	Responsibilities	e-mail
Steve Neil	Assistant Commissioner	Oversees the sport & coordinates the tournaments; Rules Interpreter	sneil@ohsaa.org
Henry Zaborniak	Assistant Commissioner	Oversees officials programs & tournament assignments	hزابorniak@ohsaa.org
Gary Wilkins	State Rules Interpreter	Rules meetings & Officials issues	gwilkinschc@colsicerefs.com
Renee Moore	Administrative Assistant	Assists in the coordination of the sport & tournaments	rmoore@ohsaa.org

11. IMPORTANT LINKS

National Federation of State High School Associations	http://www.nfhs.org
Ohio High School Athletic Association	http://www.ohsaa.org
myOHSAA	http://myohsaa.ohsaa.org

12. MEDICAL AND SAFETY

The safety of our student-athletes is of utmost concern at all times. Information regarding the following important topics can be found at www.ohsaa.org and at www.nfhs.org:

- Stress and Athletic Participation
- Recommendations for Hydration to Prevent Heat Illness
- Suggested Guidelines for Management of Head Trauma in Sports
- Communicable Disease Procedures (also found in the NFHS Rules Book)
- Disordered Eating
- Information on Nutritional Supplements
- Links to the following sites:
 - Joint Advisory Committee on Sports Medicine
 - Ohio Athletic Trainers Association
 - American Medical Society for Sports Medicine
 - Ohio Parents for Drug Free Youth
 - National Athletic Trainers Association (NATA)
 - Gatorade Sports Science Institute NewsHeat

Statement on medical hardware:

On the advice of the National Federation of State High School Association's (NFHS) Sports Medicine Advisory Committee, the following guidelines are provided.

Unless the specific rules code stipulates otherwise, athletes in sports of a collision/contact nature should not be permitted to wear devices such as insulin pumps, heart monitoring equipment and/or other diagnostic or therapeutic appliances while participating in interscholastic contests. In its deliberations on this issue, the Sports Medicine Advisory Committee of the NFHS could find no medical reason to authorize the wearing of these appliances during competition.

However, in the event that a physician requires a student-athlete to wear a therapeutic device during competition, such medical necessity shall be specified in writing and signed by the prescribing physician and the device shall be padded and securely attached to the player's body underneath the uniform. The medical statement shall be shown to the head contest official prior to the athlete being permitted to participate.

13. OFFICIATING ETHICS AND CODE OF CONDUCT

(From www.ohsaa.org and the OHSAA Handbook for Officials)

Our member schools have entrusted officials to assist them in the education and development of their youth through athletics. This requires officials to be independent, impartial, and responsible to the people they serve. In recognition of these expectations there is an established **Code of Ethics** and **Code of Conduct** for all officials. The purpose of the code is to establish guidelines for ethical standards of conduct for all officials.

Officiating code of ethics:

An Official must devote time, thought and study to the rules of the game and the mechanics necessary to carry out these rules so that one may render effective and credible service in a fair and unbiased manner.

An Official must work with fellow officials and the state association in a spirit of harmony and cooperation in spite of differences of opinion that may arise during debate of points or rules at issue.

An Official must resist every temptation and outside pressure to use one's position as an official to benefit oneself. Under all circumstances, officials must avoid promoting the special interest of any person or group of persons other than the athletes we serve.

An Official must constantly uphold the honor and dignity of the avocation in all personal conduct and relations with the student-athletes, coaches, athletic directors, school administrators, colleagues, and the public, to be a worthy example to the athletes under one's jurisdiction.

An Official will be prepared both physically and mentally, dress accordingly to expectations and maintain a proper appearance that is befitting the importance of the game.

An Official shall avoid the use of tobacco and related products at the contest site.

An Official must remember and recognize that it is important to honor contracts regardless of possible inconvenience or financial loss.

Every member of the officiating profession carries a responsibility to act in a manner becoming a professional person. The conduct of any official influences the attitude of the public toward the profession in general as well as toward the official in particular.

Sports officials bear great responsibility for engendering public confidence in sports. They are critical to the health of athletic competitions. Officials ensure games are played fairly, by the rules, within the spirit of the rules and in a safe manner. Officiating takes a great deal of preparation, continuing education and commitment of time.

OFFICIATING ETHICS AND CODE OF CONDUCT (CONT'D.)

Pre-season preparations:

We have encouraged coaches to invite local officials to meet with their team during pre-season workouts. It allows the officials to meet the athletes and discuss new rules. It gives athletes an opportunity to ask questions and have a discussion prior to competition days. We also recommended inviting an official(s) to a pre-season meeting with team parents. Again, it provides a forum for healthy discussions and an opportunity for parents to learn more about the sport. Many of you already participate in such activities, but for those that do not, please get involved!

NOTE: Annual renewal cards are sent to the address the OHSAA has on file, failure to notify the OHSAA will result in your not receiving the renewal card.

Address changes are now to be submitted via www.myOHSAA.org . Please log-on in order to make the appropriate changes.

Website resources

Our website includes a great deal of information specifically geared for officials. Go to www.ohsaa.org and click on “officiating” on the left side of the home page. On the officiating page you will find the following information. When you have questions, this may be a great place to start!

Topics include:

- OHSAA officiating FAQ's
- OHSAA rules meetings – information on local & state meetings, how to maintain your officiating permit
- Directory of officiating information & forms – assigners, instructors, local & district secretaries, OHSAA staff
- How to become an OHSAA official – info for beginning and experienced officials, suspended and retired officials wanting to reinstate
- How to change the status of your officiating permit – information on upgrades, retired status, active military duty and address changes
- How to renew your OHSAA officiating permit – information on annual renewal procedures and fees
- Game assignments – regular season and tournament selection processes and voting results
- Officials needed posting
- Coach and player game ejections – ejection forms and procedures
- Officiating uniforms, equipment and supplies – uniform regulations, authorized dealers, pins & patches
- Officiating ethics and code of conduct
- OHSAA officiating hall of fame – members, selection process and banquet information
- OHSAA officiating clinics