Thornville Sheridan’s Zach Hanf, Ravenna Southeast’s Jenna Fesemyer and Wooster’s Casey Followay

Historical Day
OHSAA ushers in new era with wheelchair events at state track championships

The Magnificent Seven
Football expands to seven divisions as 32 more schools will taste the playoffs

Once in a Lifetime
Zach Hanf was an All-Ohio cross country runner before his accident. Last June, he became a state champion in the first wheelchair division

News and Notes
OHSAA to sponsor first 7th-8th grade event, new off-season instruction rules explained, changes in enrollment collection process and much more

Clinton-Massie High School’s Bayle Wolf

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Farmers is proud to partner with the Ohio High School Athletic Association.
On the Cover:
Clarksville Clinton-Massie running back Bayle Wolf scored five touchdowns, including three in the first quarter, and rushed for 220 yards to help lead the Falcons to a 46-36 win over St. Clairsville in the OHSAA 2012 Div. IV state championship game. It marked the first state title for Clinton-Massie (15-0), which ended the season with a state-record 822 points scored.

Inset Photos, (Left to Right): Zach Hanf (Thornville Sheridan), Jenna Fesemyer (Ravenna Southeast) and Casey Followay (Wooster) were participants in the 2013 OHSAA track and field state tournament, which marked the first time the OHSAA sponsored events for competitors in wheelchairs.

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After earning All-Ohio honors in cross country as a junior, a car accident took the leg of Thornville Sheridan High School runner Zach Hanf during the fall of his senior year. Eight months after the accident, though, Zach was a state champion in the OHSAA’s first state wheelchair division.

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The Perrysburg girls soccer team huddles up following its 1-0 victory in the OHSAA Div. I girls soccer state championship game. The Yellow Jackets ended the season with a perfect 23-0-0 record and their first state title with the final victory over Mason in Columbus Crew Stadium. The 2013 state soccer championships return to Crew Stadium Nov. 8-9.
Mission

The Ohio High School Athletic Association’s mission is to regulate and administer interscholastic athletic competition in a fair and equitable manner while promoting the values of participation in interscholastic athletics as an integral part of a student’s educational experience. The OHSAA represents its member schools by recognizing and promoting academics, the safety of participants, good citizenship and lifelong values as the foundation of interscholastic athletics.

Commitment

The Ohio High School Athletic Association is committed to serving its member schools by being the nation’s premier non-profit athletic administration organization.

We will:

• Provide exemplary athletic oversight through swift, fair, consistent and impartial regulatory rulings;
• Operate with openness that generates trust and with strict fiscal accountability;
• Provide impartial, responsive and inclusive leadership;
• Conduct tournaments of nationally recognized excellence; and
• Honor our ultimate purpose, which is to foster lifelong values, good citizenship, ethics and a fair-play approach to life among student-athletes while promoting safe and sporting-like athletic environments.

The OHSAA is a member of the National Federation of State High School Associations (NFHS), which consists of the 50 individual state high school athletic and/or activities associations and the association of the District of Columbia and nine Canadian organizations. These associations have united to secure the benefits of cooperative action and increased efficiency through the coordinating of ideas of all who are engaged in high school athletic and activities programs.

NFHS Mission Statement

The National Federation of State High School Associations (NFHS) serves its members, related professional organizations and students by providing leadership for the administration of education-based interscholastic activities, which support academic achievement, good citizenship and equitable opportunities.

• 51 State Associations • 20,000 High Schools • 500,000 Coaches and Sponsors
• 11,000,000 Student Participants • 500,000 Officials and Judges •
• 9 Canadian Associations • 14 Other Affiliate Members

OHSAA Benefits

• No annual membership dues.
• No tournament entry fees.
• Reimbursement for some travel expenses to regional and state tournaments.
• No cost for catastrophic insurance coverage of all student-athletes.
• Opportunity to sell presale tickets to some regional and state tournament contests and keep a portion of the revenue.

Did you Know?

• The OHSAA receives no tax dollars of any kind.
• The OHSAA is a private, not-for-profit organization and is audited by an independent firm every year.
• Membership status in the OHSAA is on a volunteer basis.
• The OHSAA has no full-time staff members assigned to compliance or investigations. The responsibility of following OHSAA bylaws and regulations resides with each member school. Violations are to be reported in writing to the OHSAA.
• Student-athletes tend to have better attendance records, lower dropout rates, higher grade-point averages, improved self-confidence and are better prepared for a successful career.

Respect The Game

The Maria Stein Marion Local volleyball team takes a timeout for instructions from head coach Amy Steininger during the OHSAA 2012 Div. IV state tournament. The Flyers would go on to defeat Kidron Central Christian for their fourth state championship. The volleyball state tournament returns to the Nutter Center at Wright State University in Dayton Nov. 7-9.
CHOICES PLENTIFUL FOR STUDENTS WITHIN OHSAA REGULATIONS

Educational choice is certainly a hot-button topic right now, along with the extracurricular activities that go with it. The word ‘choice’ is emphasized quite a bit these days by the leaders of our educational system in Ohio and state government officials.

On several occasions lately, I have read or heard it said that the Ohio High School Athletic Association is an organization that does not promote choice. I welcome opportunities to respond to that notion and explain how choice is actually a big part of the OHSAA.

For starters, one of our most basic regulations is that when students enter ninth grade they can attend any high school that will accept them. The opportunity for athletic participation goes with that, of course. But it wasn’t that long ago — about 20 years to be specific — that if a student transferred to another school after establishing his/her eligibility at his/her original school, there were only two exceptions within the OHSAA bylaws that would grant immediate eligibility at the new school.

Today, not only are there many more transfer exceptions that the membership has voted into place, but did you know there is a long list of additional choices that students have that allow them to play sports for a school without the student living within that district or attending classes in that building?

There are many ways in which a youngster who meets the criteria for an exemption to the enrollment and attendance bylaw could play sports for a school team without being a full-time “traditional” student that attends classes in that building or lives within that school district. The OHSAA has promoted options for students for many years. We have been out in front of promoting choices that fit within the ideals of school-based sports and the bylaws which our member schools have voted into place. Over the years, the membership has supported these choices that have led to more options for student eligibility.

Furthermore, if an exception is not met when a transfer occurs, the penalty has been significantly lessened through a vote of the membership last May during the annual referendum voting period. Now, a student must only sit out the first half of the season of the sports that he/she played in the last 12 months.

The landscape of high school sports has sure changed in the last 20 years, but I am proud that some things remain the same, such as school spirit, community pride and a focus on academics.

Interscholastic athletics are meant to be an extension of the classroom. Please look for the winter issue of OHSAA Magazine as that issue is expanded. It is one of the most important messages we hold close to our hearts as educators.

Respectfully,

Dan Ross
Commissioner, Ohio High School Athletic Association

Prior to becoming the commissioner of the OHSAA in August 2004, Dr. Dan Ross served as a school superintendent for 21 years at three districts, including Patrick Henry (1983-86), Pickerington (1986-97) and Avon Lake (1997-2004). He has more than 30 years in education, having served as a superintendent, principal, teacher, counselor, coach and official. Dr. Ross is a native of Portsmouth, Ohio, and graduated from Columbus St. Charles High School in 1967. He received degrees from Ohio Dominican, Xavier and Bowling Green. Dr. Ross was a registered OHSAA official for 20 years and was selected to work state finals games five times in boys basketball and twice in girls basketball while also being certified in volleyball and baseball.
<table>
<thead>
<tr>
<th>FALL 2013</th>
<th>1st Practice</th>
<th>Scrimmages</th>
<th>1st Contest</th>
<th>State Tournament/Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross Country</td>
<td>Aug. 1</td>
<td>None Permitted</td>
<td>Aug. 19</td>
<td>Nov. 2/National Trail Raceway, Hebron (Girls III, II &amp; I); Boys III, II &amp; I</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Aug. 1</td>
<td>4 scrimmages after practice begins plus 1 preview (See Preview Date)</td>
<td>Aug. 17</td>
<td>Nov. 1 – State Semis, Upper Arlington H.S.; Nov. 2 – State Final, Upper Arlington H.S.</td>
</tr>
<tr>
<td>Football</td>
<td>Aug. 5</td>
<td>2 scrimmages or 1 scrimmage/1 preview + 1 Jamboree game between August 13-August 24</td>
<td>Aug. 26</td>
<td>Nov. 8 &amp; 9 – Regional Quarterfinals; Nov. 15 &amp; 16 – Regional Semifinals; Nov. 22 &amp; 23 – Regional Finals; Nov. 29 &amp; 30 – State Semifinals; Dec. 5-7 – State Championships</td>
</tr>
<tr>
<td>Soccer</td>
<td>Aug. 1</td>
<td>4 scrimmages after practice begins plus 1 preview (See Preview Date)</td>
<td>Aug. 17</td>
<td>Nov. 5 &amp; 6 – State Semifinals, Sites TBA; Nov. 8 &amp; 9 – State Championships</td>
</tr>
<tr>
<td>Tennis (Girls)</td>
<td>Aug. 1</td>
<td>1 scrimmage prior to first match</td>
<td>Aug. 12</td>
<td>Oct. 18 – OSU (1st &amp; 2nd rounds); Oct. 19 – Hilliard Davidson (semis &amp; finals)</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Aug. 1</td>
<td>5 scrimmages after practice begins plus 1 preview (See Preview Date)</td>
<td>Aug. 17</td>
<td>Nov. 7 – State Semis/WSU Nutter Center (Div. I &amp; IV); Nov. 8 – State Semis/WSU Nutter Center (Div. III &amp; II); Nov. 9 – State Finals/WSU Nutter Center (all 4 divs.)</td>
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<table>
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<tr>
<th>WINTER 2014</th>
<th>1st Practice</th>
<th>Scrimmages</th>
<th>1st Contest</th>
<th>State Tournament/Site</th>
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</thead>
<tbody>
<tr>
<td>Basketball (Boys)</td>
<td>Nov. 1</td>
<td>6 scrimmages after practice begins plus 1 preview (OHSAA Foundation Game may replace 1 scrimmage) (See Preview Date)</td>
<td>Nov. 29</td>
<td>Mar. 20 – State Semis/OSU Value City Arena (Div. II and IV); Mar. 21 – State Semis/OSU Value City Arena (Div. III and I); Mar. 22 – State Finals/OSU Value City Arena</td>
</tr>
<tr>
<td>Basketball (Girls)</td>
<td>Oct. 25</td>
<td>5 scrimmages after practice begins plus 1 preview (OHSAA Foundation Game may replace 1 scrimmage) (See Preview Date)</td>
<td>Nov. 22</td>
<td>Mar. 13 – State Semis/OSU Value City Arena (Div. II and IV); Mar. 14 – State Semis/OSU Value City Arena (Div. III and I); Mar. 15 – State Finals/OSU Value City Arena</td>
</tr>
<tr>
<td>Bowling</td>
<td>Nov. 1</td>
<td>None Permitted</td>
<td>Nov. 15</td>
<td>Feb. 28-March 1 – Wayne Webb’s Columbus Bowl (Div. II) March 7-8 – Wayne Webb’s Columbus Bowl (Div. I)</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>Nov. 1</td>
<td>None Permitted</td>
<td>Dec. 2</td>
<td>Feb. 28 – Team/Hillard Bradley H.S.; Mar. 1 – Individual &amp; AA/Hillard Bradley H.S.</td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>Nov. 1</td>
<td>4 scrimmages after practice begins or 3 scrimmages/1 preview (See Preview Date)</td>
<td>Nov. 22</td>
<td>Mar. 8-9 – Nationwide Arena, Columbus</td>
</tr>
<tr>
<td>Swimming/Diving</td>
<td>Nov. 1</td>
<td>None Permitted</td>
<td>Nov. 25</td>
<td>Feb. 19-22 – Bralin Natatorium</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Nov. 8</td>
<td>4 scrimmages after practice begins or 3 scrimmages/1 preview (See Preview Date)</td>
<td>Nov. 29</td>
<td>Team Tournament: Feb. 8 - OSU St. John Arena Individual: Feb. 27-Mar. 1 - OSU Value City Arena</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>SPRING 2014</th>
<th>1st Practice</th>
<th>Scrimmages</th>
<th>1st Contest</th>
<th>State Tournament/Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>Mar. 10</td>
<td>None Permitted</td>
<td>Mar. 29</td>
<td>June 5-State Semis/Cols. Huntington Park (Div. IV &amp; III); June 6-StateSemis/Cols. Huntington Park (Div. IV &amp; II) June 7-State Finals/Cols. Huntington Park (all 4 divs.)</td>
</tr>
<tr>
<td>Softball</td>
<td>Mar. 10</td>
<td>4 scrimmages after practice begins or 3 scrimmages/1 preview (See Preview Date)</td>
<td>Mar. 29</td>
<td>June 5 – State Semis/Akron Firestone Stad. (Div. II &amp; I); June 6 – State Semis/Akron Firestone Stad. (Div. IV &amp; III); June 7 – State Finals/Akron Firestone Stad. (all 4 divs.)</td>
</tr>
<tr>
<td>Tennis (Boys)</td>
<td>Mar. 10</td>
<td>One prior to first match</td>
<td>Mar. 31</td>
<td>May 30/OSU Varsity Tennis Courts (1st &amp; 2nd rounds); May 31/OSU Varsity Tennis Courts (Semis &amp; Finals)</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>Mar. 10</td>
<td>None Permitted</td>
<td>Mar. 29</td>
<td>June 6-7/Ohio State Jesse Owens (Div. III, II, I)</td>
</tr>
</tbody>
</table>

NOTE: Dates and locations are subject to change.
LEAVING PERSONAL AGENDAS AT THE DOOR

July 31 and August 1 might only be one day apart, but it’s interesting how different those two days feel, isn’t it? Flipping the calendar from July to August means that summer is essentially over and it’s time to focus on the start of another school year. For our fall sports teams, that means the start of practice and the excitement of a new season and high hopes.

For me, turning the calendar to August this year also meant that the first OHSAA Board of Directors meeting of the 2013-14 school year was near. I am honored to serve as president of the board this school year until my term on the state board ends in July. I am looking forward to working with my other board members and also continuing to serve on the Southeast District Athletic Board.

A few days before the first state board meeting, I was asked a question that might have seemed logical to ask, but that would make any current or former board member respond with no hesitation to explain a few things to the person who asked the question.

The question was: “As board president, what is your personal agenda?” The answer is that I have no personal agenda. That’s not a reason to serve on an OHSAA board. Quite frankly, there is no time or place for that. All the work that goes into running tournaments and conducting the business of the board does not lend itself to personal agendas.

Setting aside your personal concerns is the essence of a service organization, especially a non-profit school-based organization like the OHSAA. I imagine that an attempt by a board member to go on a personal crusade on any topic during a district or state board meeting would seem like a fish out of water. It would take time and effort away from focusing on planning and working through issues that each of the district boards and the state board are tasked with on a day-to-day basis. Yes, the nine voting members of the state board each cast a vote on the issues, but our votes come from what we think is in the best interest of our member schools and their student-athletes overall, not just our own district.

Like I said, it’s kind of interesting what happens when August 1 arrives. Every year I look forward to the enthusiasm at our local schools for a fresh start, but amid the fervor of picture days, setting goals and season openers, board members also think about the big picture of school sports in Ohio quite a bit. When it comes to our district boards and state board, that means that the objectives for our own schools get left at home so that we can focus on serving the member schools of the OHSAA and doing what is best for the state of Ohio.

I ask that each member school join me on that path during the 2013-14 school year. In the end, your own student-athletes will reap the benefits of having a strong interscholastic athletics program throughout Ohio.

Sincerely,

Mark Knapp
President, OHSAA Board of Directors
Superintendent, Wheelersburg Local Schools

BOARD OF DIRECTORS

Mark Knapp, Board President
Class AA Representative, Southeast District
Superintendent, Wheelersburg Local School District

Beth Hill, Board Vice President
Female Representative, Central District
Principal, Newark Catholic High School

Phil Ackerman
Class A Representative, East District
Director of Administrative Services, Ohio Valley Educational Service Center, Cambridge

Jim Borchik
Class AAA Representative, Northeast District
Assistant Principal/Athletic Administrator, Copley High School

Tim Cook
Class AAA Representative, Southwest District
Assistant Principal/Athletic Administrator, Mt. Orab Western Brown High School

Phil Harris
Class AA Representative, Central District
Principal, Plain City Jonathan Alder High School

Gary Kreinbrink
Class A Representative, Northwest District
Athletic Administrator, Leipsic High School

Bret Mavis
7th-8th Grade Representative, Southeast District
Principal, Chillicothe Zane Trace Middle School

Jonas L. Smith
Ethnic Minority Representative, Southwest District
Athletic Administrator, Dayton Public Schools

Bruce Brown
Ex-Officio, Ohio Interscholastic Athletic Administrators Association Representative
Athletic Administrator, Uniontown Lake High School

Sarah Dove
Ex-Officio, Ohio Department of Education Representative, Senior Policy Advisor
BoyS SocCEr

First-Time Three-PEAT

Dayton Carroll, tri-captain Vonné Byrd (#7), gets congratulated by his teammates following his first-half goal in the OHSAA 2012 Div. II state championship game at Columbus Crew Stadium. Byrd assisted on the Patriots’ first goal of the game and the two goals accounted for Carroll’s 2-0 win over Cuyahoga Falls Cuyahoga Valley Christian Academy. It was Carroll’s third-consecutive state championship, marking the first time in OHSAA history that a boys soccer program won three successive state championships. The boys and girls soccer finals return to Crew Stadium Nov. 8-9.
At the 2012 OHSAA Div. II girls cross country state championship at National Trail Raceway, Dayton Oakwood freshman Mary Kate Vaughn ran a 17:41.57 to win by nearly 40 seconds. The cross country state finals return to National Trail for the third year Nov. 2.
IN THE SPOTLIGHT
New High School and Middle School Cross Country Events Unveiled

Cross country has been an OHSAA-sanctioned sport for 85 years on the boys side and 36 years on the girls side. Now, adding to that history, are two new OHSAA-sponsored cross country events, including the first-ever OHSAA-sponsored middle school event of any kind.

OHSAA Preseason High School Invitational
In 2012, the OHSAA created a new preseason cross country invitational in August held at the site of the state championships, National Trail Raceway in Hebron, located about 25 miles east of Columbus. The inaugural event was a success and built on that success in 2013. The event gives teams from all over the state the opportunity to compete on the same course that hosts the state championships in November.

“This is such a great event because in the past, even when we were at Scioto Downs, the only time kids could get on the state course was during the actual state meet,” Dale Gabor, the OHSAA’s administrator for cross country and track and field, said. “Now kids can get on the state course to start their season. It’s a golden opportunity for them.”

OHSAA Middle School Invitational
In another major step forward for the OHSAA, an event for middle schools has been planned, which is the first OHSAA Middle School Cross Country Invitational. It will be held Saturday, Oct. 19, at Waggoner Junior High in Reynoldsburg, just east of Columbus. Registration information was sent to schools in August, with a registration deadline of Oct. 4.

“We all agree that this gives more kids an opportunity to participate, which is what we always want to do,” Gabor said. “Especially at the middle school level, which welcomes them into the OHSAA. Even though middle schools have been a part of the OHSAA, now they can say they’re a more active member, which is important to have them on board as they enter high school.”

— TS
When you sit down and think about it, what is sportsmanship?
The dictionary says sportsmanship is exhibiting qualities highly regarded in sports, such as fairness, generosity, observance of the rules and good humor when losing. But sportsmanship doesn’t always just happen on the field.

I have kyphosis, which is the curvature of the spine going outwards. I also have scoliosis, which is the curvature of the spine going from side to side. The combination of these also gives me severe back pain, which doesn't allow me to play sports.

Stow-Munroe Falls Athletic Director Cyle Feldman showed me more sportsmanship than I could ever imagine. I came down to the athletic office in the beginning of September and asked the athletic secretary, Mrs. Paradise, if the athletic department was in need of any help with technology. Later that week I received a note from the athletic director. The note said to come down to the athletic office.

Mr. Feldman was there to meet me. He asked if I would be interested in running the school's athletic webpage. I told him that I would love to run it. Over the next two months our friendship grew. I was in the athletic office almost every day and the website had grown. With Mr. Feldman's help, I created videos to upload to the website. We had weekly segments like 'Tip of the Week' and the 'Bulldog Sports Update.' I was interacting with coaches, players and parents. They were the nicest people I had ever met.

Going into the winter sports season I asked Mr. Feldman if we could broadcast the winter sporting events online. He did some research on it and said that I could do it. He even helped me get some money from the booster club to pay for software. I got some friends to help out and by opening night of the boys basketball season we were ready to go. It was a very special night for the school as the gym was being dedicated. We had people tuning in to our broadcast from all over the country. It was a true success.

Mr. Feldman helped me do so many things and meet so many new people. I could never thank him enough. His kindness and sportsmanship were truly exemplary. He even went so far out of his way to even nominate me for an award through the OHSAA for exemplary contribution and service. He presented that award to me on Senior Scholarship and Award Night. I never knew he even nominated me. I was blown away. Also with him introducing me to the school's athletic webpage, I was able to enter a contest through Digital Sports. I won a $2,000 scholarship.

While I was at all those sporting events I noticed a lot of things. Every team was supportive of their teammates and coaches. They treated the teams they played with sportsmanship and respect. They always shook the other teams' hands and helped them when they were down. The coaches always make it a point to shake hands with the other coaches WIN OR LOSE. Every single team at Stow-Munroe Falls High School is special. One of my favorite teams is the football team. There is a student in our school who is in a wheelchair. He is on the football team. The football team made him part of their team. He comes out with the team and he even has his own uniform. The football team doesn't make him a part of their team because they have to – they do it because they want to.

Stow-Munroe Falls definitely is a special place. The school is full of spirit and sportsmanship. You see it everywhere you go. I am thankful for the school and every single person who makes the school what it is.
REDISCOVER HOW TO “RESPECT THE GAME”

Perhaps no other OHSAA program is as important as the “Respect the Game” campaign. Created in 2004, the Respect the Game program was the culmination of the OHSAA’s Sportsmanship, Ethics and Integrity Committee along with ideas and input from administrators, coaches and student-athletes across Ohio.

Posters and Program Ads Sent to Schools
In May, schools will receive camera-ready program ads that can be inserted into fall programs and other publications. In September, member schools will receive three copies of the OHSAA’s two new Respect the Game posters.

Public Service Announcements
The OHSAA has created many Public Service Announcements that promote Respect the Game and the purpose of interscholastic programs. These PSAs are available for free download on the ‘Respect the Game’ website. Many of these PSAs are also available in video format.

Schools Receive Annual Certificates
Member schools receive the following certificates at no cost to present to deserving students in their school:
- Two (2) Archie Griffin Sportsmanship Awards
- One (1) Courageous Student Award
- One (1) State Award for Sportsmanship, Ethics and Integrity
- Two (2) Scholar Athlete Awards

For more information on the SEI school awards program, including how to apply for the Respect the Game Challenge Award, the Harold A. Meyer Award and Commissioner’s Award for Exceptional Sportsmanship, log on to:

Respect THE GAME
www.OHSAA.org/RTG

NEWS & NOTES

Athletics Opportunities at Public Schools now Open for Others
With Ohio Governor John Kasich signing into law the biennium budget bill on July 1, 2013, state law has caused modifications to OHSAA Bylaw 4-3, Enrollment and Attendance, which creates opportunities for home-educated students to participate in extra-curricular activities, including sports, at public schools. The bill also affects students who go to non-public schools that do not offer an activity in which the student would like to participate. State law supersedes OHSAA bylaws and regulations, thus member schools are compelled to follow the new mandate. Information and guidance has been emailed to member schools and is posted on the eligibility page at OHSAA.org.

Enrollment Numbers Process to Be Refined
For the last 20 years, the OHSAA has worked with the Ohio Department of Education (ODE) to obtain school enrollment numbers every other year for the purpose of establishing which tournament division in which each school shall compete during the postseason. However, during the spring of 2013, it was discovered ODE’s new Enrollment Management Information System (EMIS-R) was unable to correctly supply the OHSAA with enrollment data as it had done in the past. To accommodate the needs of the Association, we obtained EMIS period K reports from schools directly. Since that time, OHSAA has met with EMIS representatives at ODE to resolve the issues we found this year for all future data collections. The OHSAA has revised the data collection business rules in consultation with ODE and have asked ODE to run a simulation in February which will help us in the next cycle. The simulation will not be used for any new divisional or classification placements for the current cycle but will only be used to help make sure the OHSAA and membership have a smoother EMIS data process in future years.

Football Expands to Seven Divisions
Of the OHSAA’s 821 member schools, 714 sponsor football teams, with a goal of being among the 224 playoff qualifiers when the final computer ratings are announced Sunday morning, Nov. 3. The OHSAA’s football postseason field expands to seven divisions this fall after having six divisions from 1994-2012. Eight qualifiers in each region (four regions per division) will earn playoff berths, except in Division I, where there are only two regions and thus there will be 16 regional qualifiers. See the link below for the regional maps.

During the 2013 playoffs, divisions II, III, IV and VI will play on Friday nights, while divisions I, V and VII will play on Saturday nights. One of the divisions playing on Friday night will play its state championship game on Thursday, Dec. 5. The other Friday divisions will play their state championship games on Friday, Dec. 6, while the Saturday divisions will play their state championships on Saturday, Dec. 7. Game times will be announced after the state semifinals. The state championship games will be at Canton Fawcett Stadium and Massillon Paul Brown Tiger Stadium before moving to Ohio Stadium in Columbus for 2014 and 2015.

Competitive Balance Update
Last May, for the third consecutive year, a competitive balance issue failed by a narrow margin, 327 to 308. While there is obvious concern about the issue not passing, there also is concern that roughly 20 percent of the membership either did not vote, submitted an invalid ballot or their ballot was received after the deadline. The Commissioner’s Office submitted a survey on competitive balance last summer and plans to review the results of that survey along with the topic of competitive balance in general when it reconvenes with a Competitive Balance Committee this fall. That committee will help provide guidance to the OHSAA Board of Directors on the Association’s next steps. At this time those next steps are unknown. We can tell you that the competitive balance issue is not going away. In fact, it’s an issue about which many other state athletic associations are also searching for an answer.

Features on NFHS Web Site
In an effort to recognize high school athletes, teams, coaches, state tournaments and venues, the NFHS website (www.nfhs.org) features three special sections. Those three sections are “Great State Tournaments and Venues” (outstanding state high school tournaments and athletic facilities), “Unbreakable Records” (high school sports records that may never be broken) and “All-time Greatest” (the all-time greatest athletes, coaches, teams, programs, etc.). New articles are posted the first of each month and include color photographs. If you have any story ideas, please submit them to John Gillis at jgillis@nfhs.org.
WE ARE ... 
STUDENTS FIRST
Dedicated to our sports, but also to becoming the future leaders of our communities
Striving to reach our athletic potential, but also preparing for the next level of life, not the next level of sports

12 girls sports | 12 boys sports
Public schools | Private schools
521 Member High Schools | 756 Member Middle Schools

350,000 Student-Athletes
We Are the OHSAA

2013-14 OHSAA STATE CHAMPIONSHIPS

FALL 2013
Golf – October 11-12 (Div. II & III) – Ohio State University Golf Club, Columbus & NorthStar Golf Club, Sunbury
Golf – October 18-19 (Div. I) – Ohio State University Golf Club, Columbus
Girls Tennis – October 18-19 – Ohio State University and Hilliard Davidson High School
Field Hockey – November 1-2 – Upper Arlington High School
Cross Country – November 2 – National Trail Raceway, Hobiton
Volleyball – November 7-9 – Ervin J. Nuttall Center, Wright State University, Dayton
Soccer – November 8-9 – Columbus Crew Stadium
Football – December 5-7 – Canton Fawcett Stadium and Massillon Paul Brown Tiger Stadium

WINTER 2014
Team Wrestling – February 8 – St. John Arena, Ohio State University, Columbus
Swimming & Diving – February 19-22 – C.T. Branin Natatorium, Canton
Individual Wrestling – February 27-March 1 – Value City Arena, Ohio State University, Columbus
Gymnastics – February 28-March 1 – Hilliard Bradley High School
Bowling – February 28-March 1 (Div. II) – Wayne Webb’s Columbus Bowl
Bowling – March 7-8 (Div. I) – Wayne WEBB’s Columbus Bowl
Ice Hockey – March 8-9 – Nationwide Arena, Columbus
Girls Basketball – March 13-15 – Value City Arena, Ohio State University, Columbus
Boys Basketball – March 20-22 – Value City Arena, Ohio State University, Columbus

SPRING 2014
Boys Tennis – May 30-31 – Ohio State University, Columbus
Baseball – June 5-7 – Huntington Park, Columbus
Softball – June 5-7 – Reston Stadium, Akron
Track & Field – June 6-7 – Jesse Owens Memorial Stadium, Ohio State University, Columbus

Let the Players Play.
Let the Coaches Coach.
Let the Officials Officiate.
Let the Fans be Positive.
And the Memories Will Last a Lifetime.

www.OHSAA.org/RTG

Sportsmanship is Everyone’s Responsibility

Follow the OHSAA on Twitter: @OHSAASports
www.OHSAA.org
After earning All-Ohio honors in cross country as a junior, a car accident took the leg of Thornville Sheridan High School runner Zach Hanf during the fall of his senior year. Eight months after the accident, though, Zach was a state champion in the OHSAA’s first state wheelchair division.

By Tim Stried, OHSAA Director of Information Services

Like almost every cross country and track and field athlete, Zach Hanf dreamed of standing on the podium at the state championships with a medal around his neck. He was on his way to doing just that after finishing 21st at the 2011 OHSAA cross country state championships as a junior to earn All-Ohio honors and steadily improving on the track that next spring.

Entering his senior year at Sheridan High School in Thornville, a small town 30 miles east of Columbus, his goals included a trip to the cross country state finals in the fall, followed by qualifying to the state track meet as an individual or with Sheridan’s talented relay squads in the spring.

But everything changed on October 8, 2012. That evening, while driving on Ohio State Route 13, Zach’s car went left of center and hit a truck head on. Zach was taken by life-flight to Ohio State Medical Center in critical condition. He had suffered a traumatic brain injury. His left arm was virtually destroyed. He would have five lumbar vertebrae fused together and stabilized by two rods. All the metatarsals in his right foot would be fused together.

What happened to his left leg, however, is what changed his life forever. It was severed at the ankle and so badly damaged that doctors were forced to amputate above the knee to save his life.

He was lucky to be alive, but he had to face the reality that his goals of winning a state championship were over.

Or were they?

In June 2012, just four months before Zach’s accident, the Ohio High School Athletic Association had made a historic decision to begin sponsoring events for students in wheelchairs at the track and field state championships, joining 17 other states that do so. Ironically, Zach knew of that announcement before his accident and it was one of the first things he thought about when he began his recovery.

“I had heard they were putting wheelchair events in the state meet and I thought ‘wow, that’s pretty cool,’” Zach said this past August a few days before he was to begin taking classes at The Ohio State University. “I don’t remember anything for a month after the accident and I don’t even remember how I felt when they told me that I lost my leg, but when I was still in the hospital and starting to process things, I said that the OHSAA is now having wheelchair events and I want to do that.”

Zach got out of the hospital in March having lost 45 pounds, but having gained the goal of walking with an artificial leg as soon as he could. It wasn’t long before had regained his weight and become mobile by using a combination of using a wheelchair and prosthesis.

His accident had occurred during the week of the Muskingum Valley League cross country championships, but that was a distant memory now. The track and field season was beginning and while he was learning to use a wheelchair to race on the track, he was also thinking about what could have been.

“I know I could have been a state qualifier in possibly three events,” Zach said. “Our 4x800 and 4x400 relay teams were very good and I would have tried to qualify in the 800 or mile, too.”

It turned out that Zach would be a state qualifier in four events. He met the minimum qualifying standards in all four events that the OHSAA sponsored in the wheelchair division, including the 100 meters, 400 meters, 800 meters and shot put. Even without Zach, those two relay teams from Sheridan also qualified for state.

The morning of June 8, 2013, found Zach and nine other competitors in wheelchairs arrive at Ohio State’s Jesse Owens Memorial Stadium for the track and field state championships.
"I wasn’t nervous when I ran in the cross country state championships, but I was very nervous to compete using a wheelchair at the state track meet," Zach said. "I just didn’t know what to expect and I hadn’t raced against anyone else yet. I had practiced with a few other wheelers, but I had only raced by myself."

The mechanics of racing in a wheelchair are not natural compared to running.

"Racing in a wheelchair is a lot different than running," Zach said. "There’s a lot more to it than running, where there’s some technique and strategy, but it’s still just running. Your body just naturally does it. The chair was a lot harder than running. It took a lot of getting used to, especially learning how to steer."

If there was any similarity between Zach’s experience running at the state cross country championships as a junior and wheeling in the state track meet as a senior, it was the size of the huge crowds. The OHSAA cross country championships average more than 9,000 fans, while the state track meet averages about 12,000 per day of the two day event.

"It’s not very often that you go to a cross country or track meet and there are that many people there watching you," Zach said. "You want to perform well because of that many people. At state cross country, I knew what to expect and I trusted my abilities. But at state track, I had only been wheeling three months, so I wasn’t too comfortable yet."

Despite the nerves, Zach won the shot put, finished sixth in the 100 meters, seventh in the 400 meters and fifth in the 800 meters. More than the results, however, was bond that the wheelers had with each other. The camaraderie amongst the wheelers was something Zach said was quite different than normal races. They were all there due to different circumstances. Ravenna Southeast High School’s Jenna Fesemyer, the only female competitor, was born without a leg. Kent Roosevelt High School’s Randy McMullen was born with spina bifida.

"We sat together in the athlete tent before the events and talked to each other, which is different than in footed races," Zach said. "Sometimes in footed races, in the runners’ tent, you start to get very intense and competitive, but for us in the chairs, it wasn’t like that. Everyone was happy and carefree. We all hoped that we all did well."

Zach thought about which memories were most special about that day. First, he said the crowds: "It was just so great all the applause we got and how everyone was so supportive. That was a great thing, because sometimes disabled people don’t get recognition or help."

In June of 2012, the OHSAA made a historic decision to include events for competitors in wheelchairs at the track and field state meet. In June 2013, the decision became a reality as 10 competitors from around the state became Ohio’s first state qualifiers in a wheelchair.
Second, and most special, was what happened after the results were read over the public address system of the wheelchair shot put.

“After I won the shot put and we had our picture taken in our chairs, I put on my leg and I got to stand on top of the podium with Jenna Fesemyer, who won the girls shot put. That was the coolest moment all day. When they first lined us up for the awards, we had to sit in our wheelchairs, but then it was very cool to stand on top of the podium.”

Like his abilities in cross country and track – both before and after the accident – success is something that Zach strives for every day. He will begin his collegiate career at the OSU-Newark campus, where he plans to study microbiology and then go to medical school. He said that he had always wanted to be a trauma surgeon and his accident confirmed that desire. He still manages to keep his sense of humor: “I had the best and coolest trauma surgeon work on me, although I guess everyone thinks their trauma surgeon is the best,” he said.

Zach continues to get closer to running with the help of a prosthetic leg, which he calls his new running leg. His next goal is to run again, not wheel.

“My days of racing in the chair are probably over,” Zach said. “For me, being a runner like I was before the accident is the ultimate goal. I want to compete like a footed athlete.”

Even if that holds true and Zach never races in a wheelchair again, he won’t soon forget that warm, sunny day last June when he became a state champion as a new era at the OHSAA track and field state championships was born.

“I just think it’s such a great thing that they are allowing disabled people to be a part of the state meet,” Zach said. “It might take us longer and look a bit different, but we do things just like normal people. We are normal people and it’s great that we can feel the same as everyone else and compete like everyone else.”

As Zach reflects back on his experience of standing on the podium with a state championship medal around his neck, he can realize that his dream did come true after all. It was a ‘once in a lifetime’ moment for Zach and the first of many such moments yet to come for future wheelers at the OHSAA track and field state championships.
2013-14 OHSAA STATE BOARD OF DIRECTORS AND STAFF
1st row, left to right: Sarah Dove (Board Ex-Officio, Ohio Department of Education Rep.), Phil Ackerman (Board Class A Rep., East District), Gary Kreinbrink (Board Class A Rep., Northwest District), Phil Harris (Board Class AA Rep., Central District), Beth Hill (Board Vice President, Female Rep., Central District), Mark Knapp (Board President, Class AA Rep., Southeast District), Jim Borchik (Board Class AAA Rep., Northeast District), Bruce Brown (Board Ex-Officio, Ohio Interscholastic Athletic Administrators Association Rep.), Tim Cook (Board Class AAA Rep., Southwest District), Bret Mavis (Board 7th/8th Grade Rep. Southeast District), Jonas L. Smith (Board Ethnic Minority Rep. Southwest District).
2nd row, left to right: Roxanne Price (Assistant Commissioner), Jeff Jordan (Chief Financial Officer), Beau Rugg (Assistant Commissioner), Bob Goldring (Associate Commissioner), Dr. Dan Ross (Commissioner), Dr. Deborah Moore (Associate Commissioner), Steve Neil (Assistant Commissioner), Tim Stried (Director of Information Services), Jerry Snodgrass (Assistant Commissioner).
3rd row: Dana Bushong (Administrative Assistant), Molly Downard (Executive Administrative Assistant), Todd Boehm (Comptroller), Renee Moore (Administrative Assistant), Kim Zaborniak (Administrative Assistant), Chris Walker (Production Supervisor), Brandy Young (Receptionist), Lauren Prochaska (Assistant for Compliance and Events). Not Pictured: Andrea Reich (Assistant Comptroller), Sharon Shoemaker (Administrative Assistant), Connie Scherpf (Administrative Associate), Chris Walker (Production Supervisor), Brandy Young (Receptionist), Lauren Prochaska (Assistant for Compliance and Events). Not Pictured: Andrea Reich (Assistant Comptroller), Sharon Shoemaker (Administrative Assistant), Connie Scherpf (Administrative Associate), Chris Walker (Production Supervisor), Brandy Young (Receptionist), Lauren Prochaska (Assistant for Compliance and Events).

UPCOMING TOURNAMENT DRAW DATES

### FALL SPORTS - 2013

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### WINTER SPORTS - 2014

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TOURNAMENT REGULATIONS

Tournament regulations are available online at OHSAA.org by going to the individual sport homepage, under ‘Tournament Info,’ on the left side of the webpage. Tournament regulations are posted and updated once a tournament draw has occurred.

ATHLETICS UPDATE

TIM COOK
Mt. Orab Western Brown High School
Athletic Director Spotlight

For Tim Cook, being a coach and an athletic director is in his blood. His father, Jim Cook, was the athletic director at Leesburg Fairfield High School for 31 years and is now in his 51st year of driving a school bus.

That kind of dedication is evident in Tim’s career as well. He has spent more than 25 years at Mt. Orab Western Brown Schools, located just east of Cincinnati, as a teacher, coach and now athletic director and assistant principal.

“I remember as an elementary student taking my dad’s keys and going down to the school and sweeping the gym floor, cleaning the locker rooms, making signs and getting things ready for games,” Cook said. “I remember my dad’s Sunday nights were spent on the phone scheduling officials. There weren’t any signers back then.”

In addition to signers now helping schedule officials, there are also technology improvements that help athletic directors. The basics, though, remain the same.

“Being organized is the key,” Cook said. “You have to have a system to check everything from eligibility, to buses to opponents and much more. My dad had a 3-ring binder that had a tabbed section for each month and there was a to-do list for each month.”

Not only has Tim served the students of Western Brown, but he has also become a statewide leader in athletic administration. He was elected to the OHSAA’s Southwest District Athletic Board in 2011 and was an officer on the Southwest Ohio Athletic Directors Association Board from 2001-09, serving as president in 2005-06. Since 2008 he has been the Southwest state representative and served on the Ohio Interscholastic Athletic Administrators Association’s Board of Directors.

Similar to how Tim learned from his father, he suggests that new athletic directors get in touch with veterans for help.

“My advice is to get with someone who has been doing this for awhile and ask questions,” Cook said. “He also crucial to get to know the people who help your athletic program, such as the custodians, public address announcers, chain gang and many others. You have to have good people in place.”
The OHSAA has a tremendous amount of sports medicine information posted at OHSAA.org and sends regular updates to member school on various topics. A topic highlighted several times recently is the new concussion policy, which went into effect April 26, 2013, through state law. The policy states that any student-athlete showing signs or symptoms of a concussion shall be removed from the contest and is not permitted to return to play on the same day. The student-athlete can only return after being cleared by a physician. The new state law also states that concussion training shall be a part of renewing the Pupil Activity Program/Coaching Permit issued by the Ohio Department of Education and that student-athletes and parents must sign a concussion awareness form that was developed by the Ohio Department of Health.

LOGGING ONTO THE SPORTS MEDICINE WEBSITE WILL DISPLAY THE FOLLOWING SUBJECT HEADINGS

Sports Safety & Concussion Resources
- Concussion Resources
- Heat Illness Information and Resources
- Communicable Diseases
- Medical Hardware
- Sports Eye Safety

Pupil Activity Program/Coaching Permit, Issued by the Ohio Department of Education

News and Announcements
- An Outline for the Development of an Emergency Action Plan
- Outstanding Team Physicians Award Nominations
- OHSAA Position Statement on the use of Automated External Defibrillators (AED)
- Joint Advisory Committee on Sports Medicine
- Ohio Athletic Trainers Association
- American Medical Society for Sports Medicine
- Ohio Parents for Drug Free Youth
- National Athletic Trainer's Association (NATA)
- Gatorade Sports Science Institute

Healthy Lifestyles
- Substance Abuse
- Get the Sports Nutrition Edge
- Fueling Your Athletes For Competition
- Nutritional Supplements
- Disordered Eating
- Hazing

H1N1 Virus Information & Guidance
- Public Health/Safety Policy Adopted for OHSAA Tournaments
- Resources for General Business & Workplace
- Resources for Child Care Programs, Schools & Universities
- Resources for Public Gatherings

The Gahanna Columbus Academy field hockey team huddles up prior to taking the field in the OHSAA 2012 state championship game against Columbus Bishop Watterson. In double overtime, Columbus Academy freshman Hana Sinno scored the game-winning goal to give the Vikings a 2-1 victory and the school's state-record ninth state title. The field hockey state tournament returns to Upper Arlington High School Nov. 1-2.

DEBORAH MOORE
Dr. Deborah Moore joined the OHSAA as an assistant commissioner in June of 1989 and was promoted to Associate Commissioner for Eligibility in August of 2008. A native of Newark, Ohio, she owns degrees from Kent State and Ohio State and spent 15 years as a teacher and professor before joining the OHSAA. Dr. Moore also serves as the OHSAA’s administrator for the sports of field hockey, volleyball, swimming & diving and gymnastics.

ROXANNE PRICE
After 20 years in intercollegiate athletics, Roxanne Price came to the OHSAA in February of 2006 and was promoted to assistant commissioner in August of 2007. After graduating from Fremont Ross High School and Ohio State, she worked at the University of Virginia, Akron, Ohio State and Columbus State in the areas of student support services and athletics administration. The author of three children’s books, Roxanne works with student-athlete eligibility and oversees the sports of tennis, bowling and softball in addition to the OHSAA’s sportmanship program.

ELIGIBILITY RESOURCES
Available Online
Due to the many questions surrounding the OHSAA Bylaws concerning eligibility, the OHSAA website has a section dedicated solely to helping people understand what matters have an effect on a student-athlete’s eligibility. In addition to the complete text of OHSAA Bylaws, the online eligibility resource center contains an Eligibility Guide for Student-Athletes, an Eligibility Checklist, an Eligibility Guide for Guidance Counselors, a list of Bylaw situations requiring the Commissioner’s Approval and a Transfer Bylaw Resource Center. Additionally, the eligibility resource center also contains various eligibility forms like the Pre-Participation Physical Exam Form, the Residential Transfer - Exception 5 Form, and the Affidavit for Bona Fide Residence Form, along with many others. All this information can be found at http://www.ohsaa.org/eligibility.
NEW OFF-SEASON INSTRUCTION REGULATION TAKES SHAPE

With the limit being only four student athletes together at one time, intent is to allow opportunity for school coaches to provide individual skill instruction, not hold practice or workouts.

By Jerry Snodgrass, OHSAA Assistant Commissioner

A significant change in the OHSAA’s General Sports Regulations became effective September 3, 2013, that was designed to offer options for student-athletes receiving private instruction. Previously, student-athletes could only receive individual instruction from ‘private’ non-school based instructors outside their season of play, with the exception of a limited period of time during June and July. Aligned in the OHSAA’s General Sports Regulation No. 8 – Instructional Programs, this regulation will now permit school coaches with Pupil Activity Coaching Permits the same ability as ‘private’ instructors outside their school sport season.

The OHSAA’s Board of Directors entertained proposals from several allied coaches’ associations over the past several years to permit school coaches to do what the new regulation language now permits. While school coaches receive training in sports first aid, CPR and general coaching education in addition to submitting to background checks, this training served as the impetus for providing student-athletes and their parents a safe and affordable alternative to receiving out-of-season individualized instruction.

While many coaches view this as a ‘workout’ regulation for their teams, the intent of the regulation is to provide ‘individual skill instruction,’ not as a method to develop their team out-of-season or as a method to extend their seasons. Current sports regulations provide coaches the opportunity for team development during June and July in addition to their regular season period.

This regulation, General Sports Regulation 8.6 to be exact, permits school coaches to provide "individual skill instruction anytime outside the season of play except during defined no-contact periods, to no more than four individuals present at one time in all combined facilities where the instruction is taking place.”

For a short and detailed presentation that permits downloading of a list of common “Q and A’s” regarding this newly adopted regulation, log on to http://ohsaa.articulate-online.com/4244037503. The presentation is not available on mobile devices or tablets, but must be viewed on a desktop computer that contains Adobe Flash Player.

Coaches have been urged to “use it and not abuse it” and educate their coaching staffs on all details of the regulation. A detailed communication was recently provided to all athletic directors and winter and spring head coaches, while fall head coaches will receive the same correspondence toward the end of the fall season. This new regulation provides school coaches a long sought permission outside their seasons of play while also providing an affordable alternative to parents and student-athletes by individuals who are certified and licensed by the Ohio Department of Education.
The schools listed below had three or more ejections (player or coach) during the 2012-13 school year. Any coach or player ejected or disqualified from an interscholastic contest due to unsporting behavior or flagrant foul shall be suspended from coaching in all contests for the remainder of that day and shall be suspended from coaching or playing for all contests at all levels in that sport until two regular season/tournament contests (one in football) are played at the same level as the ejection or disqualification. Additionally, a coach who is ejected shall be fined $100 and must take the National Federation of State High School Associations Teaching and Modeling Behavior Course, which must be completed within 30 days. (Note that the $100 shall be used to support the OHSAA’s Respect The Game program). A student who is ejected or disqualified a second time shall be suspended for the remainder of the season in that sport.

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Among the many benefits of OHSAA membership are five advantages tied specifically to finances:

1. No annual membership dues
2. No tournament entry fees
3. Reimbursement for some regional and state team tournament travel expenses
4. Keep a portion of presale tickets for selected tournaments
5. No cost for annual catastrophic insurance premium

In addition, did you know that the OHSAA receives no tax money of any kind? The OHSAA’s operating budget is comprised of three main revenue sources: ticket sales from tournament events (78 percent), officials dues (11 percent) and corporate partners (11 percent).

As the OHSAA’s CFO, Jordan oversees internal financial operations, the annual budget, tournament financial operations and the independent company that performs the annual audit. He also serves as the financial advisor for the OHSAA Foundation.

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Annually, an average of $2.6 million is distributed to schools in the form of travel reimbursements and ticket bonuses.
THE OHSAA FOUNDATION

The OHSAA Foundation was created over 10 years ago to provide resources for enhancing education opportunities and services for Ohio’s student-athletes. The Foundation was established as a 501(c) (3) organization and is separate from the OHSAA. The Foundation is governed by its own volunteer Board of Trustees. The mission of the Foundation is to “provide leadership and service opportunities for Ohio student-athletes, and all funds raised are used to fulfill our mission.”

The OHSAA Foundation created a new statewide community service initiative in 2008 called “OHSAA Foundation Service Week.” OHSAA Foundation Service Week provides an opportunity for Ohio student-athletes to:
• make a positive impact in their community
• provide educational experiences for all students
• receive community service credit towards graduation

Foundation Service Week is highlighted by a “Foundation Game.” Member schools participating in Foundation Service Week are permitted to use one of their five allotted basketball scrimmages to play a regulation game under all normal game conditions. Foundation Games do not count against a team’s record. Through this initiative, Ohio student-athletes generate in excess of $500,000 for charitable organizations and causes across the state and collected food, clothing and other items for those in need. Each participating school [or their sponsor(s)] makes a $250 contribution to the OHSAA Foundation, which is used to allow the Foundation’s continuation of its leadership conferences and providing education materials for student-athletes in ALL sports.

2013 OHSAA FOUNDATION STATE STUDENT LEADERSHIP CONFERENCE

CONFERENCE INFORMATION

Date and Location
The one day conference will be held at the Ohio Union on the campus of The Ohio State University in Columbus on Tuesday, October 1, 2013.

Participants
Member schools are encouraged to send student-athletes who have demonstrated or have potential for leadership roles in your school. Each school group must be accompanied by at least one adult supervisor. The first 900 applicants will be accepted free of charge for this year’s conference. Student-athletes in grades 9 through 12 for the 2013 fall semester are eligible to register.

Conference Activities
The conference will include several national keynote speakers. In addition, five sessions will be provided for student-athletes. Over six different topics will be presented and among these topics are: “The Role of the Student Athlete,” “Bullying and Hazing,” Developing Team Captains,” “Healthy Lifestyles” and “Sportsmanship.” All of the speakers are invited to join the after-lunch open panel discussion with questions and answers from the participants. Information will be given to all students on the OHSAA project “Community Service and Your School.”

Video
We will be filming an OHSAA video during the sessions of the conference. We encourage participating schools to bring their school colors (banners, jackets, etc.) for the video. This will be a fun way to get the day started and we will post it on the OHSAA Student Leadership Conference web page!

Registration
Schools may register an unlimited number of student-athletes. Up to two adult supervisors may accompany the student-athletes if four or more students are attending. We are revising the way schools will register this year. On August 15, 2013, schools were able to register their student-athletes and adults for the conference. A link to the Student Leadership Conference appeared on your school tab on www.ohsaa.org as of August 15, 2013. All participants must register for the conference by Friday, Sept. 6, 2013.

SCHEDULE

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 – 8:30 am</td>
<td>Registration Check-in and Name Badges</td>
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<tr>
<td>8:30 – 9:00 am</td>
<td>Welcome – Opening Session</td>
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<td>9:00 – 9:30 am</td>
<td>General Session Speaker Harvey Alston</td>
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<td>9:30 – 10:00 am</td>
<td>General Session – The Role of the Student Athlete</td>
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<td>10:00 – 10:30 am</td>
<td>General Session – Bullying and Hazing</td>
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<td>10:30 – 11:00 am</td>
<td>General Session – Role of Team Captains</td>
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<td>11:00 – 11:30 am</td>
<td>General Session – Healthy Lifestyles</td>
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<td>11:30 – 12:00 pm</td>
<td>General Session – Sportsmanship</td>
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<td>12:45 – 1:15 pm</td>
<td>Panel Discussion with all speakers</td>
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<td>1:15 – 1:30 pm</td>
<td>Community Service Projects</td>
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<tr>
<td>1:30 – 2:00 pm</td>
<td>Closing Session</td>
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* Lunch will be provided at the Ohio Union from 12:00 pm – 12:45 pm
Bob Goldring joined the OHSAA in the fall of 1995 as Director of Information Services. He was promoted to Assistant Commissioner in June 2005 and to Associate Commissioner for Operations in August 2008. A 1977 graduate of Orrville High School, he holds two degrees from The Ohio State University. Bob's previous work has all been in collegiate sports information offices, including Rose-Hulman Institute of Technology, Purdue University and Ohio State University.

On July 1, 2013, the Ohio Interscholastic Athletic Administrators Association (OIAAA) launched its updated website. While retaining its previous web address (www.oiaaa.org), the site has a totally new look and navigation pathways. The website has been redesigned and energized by the collaboration of Erich Frombach, OIAAA website chairman, and Jeff Lillicbridge, vice-president of marketing and digital integration for Home Team Marketing in Cleveland.

This launch is part of the revitalization of the OIAAA and is a direct result of the strategic plan developed by the OIAAA Executive Board in 2011. "The upgraded website will become one of the key features of our organization’s delivery of resources and services to our member schools and administrators in Ohio," stated OIAAA Executive Director Bruce Brown. "The site will be able to provide a more robust source of must-have data for the day-to-day needs of our athletic administrators and will also allow us to collaborate more directly with our key partners like the OHSAA, NIAAA, OASSA and other education-based athletic providers."

In addition to organizational information and history, the site is now able to connect visitors to best-practice designs and product material which impacts successful interscholastic athletic operations. Additionally, athletic administration professionals will be provided forums to post coaching and schedule openings as well as an exchange of ideas and models that improve service to local school-based sport programming.

“The upgraded site will be the Ohio athletic director’s ‘go-to’ spot on their desktop or mobile device,” Brown said. “We’ve tried to address our membership’s needs and the website is our effort to provide a response to those desires. With the synergy being created with OHSAA and our other partners, we feel this will be a quantum leap for Ohio interscholastic athletic directors.”

About the OIAAA: The OIAAA was founded over 50 years ago by athletic administrators with the desire to enhance the experience of school-based sport programs for the young people of Ohio. The mission statement of the OIAAA: “The OIAAA advocates for our members by promoting the educational values of interscholastic athletics and providing high-quality services for our stakeholders.”

Maddie Torres and her Sandusky Perkins teammates took home the OHSAA 2012 Div. II girls golf state championship on the Gray Course at The Ohio State University Golf Club. Perkins knocked off the defending state champion, Dayton Chaminade Julienne, by eight strokes with a two-day score of 348-339-687.

Cincinnati Archbishop Moeller captains (left to right) Shane Jones, Keith Watkins and Spencer Iscove host the OHSAA 2012 Div. I state championship trophy following the Crusaders’ 20-12 victory over Toledo Whitmer at Canton Fawcett Stadium. The state title was the eighth for Moeller and first since 1985. The football finals return to Massillon and Canton in Stark County December 5-7.
Being a successful team captain requires many important life skills, including communication skills, healthy decision-making, problem solving and conflict resolution strategies to name a few. In addition to the normal stressors student-athletes experience (i.e. school, friendships, college and career planning), being a team captain can add a whole new set of unique stressors. It is for these reasons that it is important to not assume kids know how to do all of these responsibilities and expectations on their own.

The sphere of influence team captains have is quite enormous when you think about it – not only do their actions impact their teammates, but also the overall climate of their school. In fact, great team captains not only energize their team, but also lead in school achievement and community support. Of course, there is not a specific cookbook recipe to do all of this, but there are guiding principles athletic captains can learn about that will help in the pursuit of their team, school and community goals.

Tips and strategies from the My Game My Life (www.mygamemylife.com) sport education curriculum:

- **Remember, playing sports is a privilege not a right.** Before you can become a successful team captain you must adhere to unique responsibilities, including minimum grade point average and adhering to social responsibilities (including Facebook, Twitter posts and other social media). It takes work to be a successful student-athlete and even more work to be a great captain. Fortunately, embracing the privilege of being a student-athlete can be one of the greatest life experiences.

- **You are being watched by seemingly everyone.** Student-athletes are often the most visible students in school – easily identified by their regular wearing of team gear (hats, shirts, lettermen’s jackets, etc). Captains need to be extremely aware of this, especially when they are out in the community. For example, when a student-athlete is in the local pizza shop and uses profanity, others immediately develop perceptions about athletes and sometimes entire teams and even the school. Unlike other students who participate in clubs, student-athletes are often the easiest to identify and therefore carry additional responsibilities as a result.

- **Develop safe and fun team traditions.** Captains have the ability to come up with safe, creative, team-bonding traditions and rituals that can increase team cohesion, add fun to the athletic experience and even lead to more victories on the field. Encourage your team captains to develop new ideas and supervise them in the process to ensure these new practices are safe and not in danger of becoming hazing techniques.

- **Player-only meetings.** Encourage team captains to lead the team by considering “players only” meetings when appropriate. Leading the team by examining team issues and future goals can sometimes be done best by having just the players meet and talk without worrying about possibly losing playing time for voicing team concerns.

- **Welcome underclassmen.** There is no greater experience for an underclass student-athlete than to be recognized by an older teammate – especially a team captain. Teach your captains the importance of knowing the names of underclassmen, as well as ways in which they can improve these friendships (like offering rides after practice).

- **Get involved in the community.** Student-athletes should be encouraged to use their visibility to help in the community, an experience that is not only self-rewarding, but can also have a dramatic impact on many others. Communities often identify by their favorite school sports teams, providing a unique entryway for student-athletes to positively do things for others, like cleaning up the community, visiting the elderly or generating civic pride.

- **Connect with other teams.** While some school teams generate nice sized crowds (football and basketball are two examples), other teams are not usually as fortunate. School climate can be dramatically improved when student-athletes from different teams agree to attend each other’s games and show support whenever they can. When more student-athletes attend games, often other students follow, resulting in greater team (and community) spirit.
2013 was a big year for the Ohio High School Athletic Association and its corporate partnerships! The Association is pleased to announce renewed commitments from long-time partners as well as a new partnership with Burger King. The OHSAA is excited about the programs in place with its sponsors and the commitment they have made to support high school sports across the state.

“Our corporate partners value the fundamental life lessons that interscholastic athletics can teach and we are proud to have such high-profile brands join the OHSAA in making that commitment,” said Dr. Daniel B. Ross, Commissioner of the OHSAA. “Corporate partnerships allow the OHSAA to offer programs for more than 1,600 member schools and 350,000 student-athletes in Ohio without charging membership dues or tournament entry fees.”

CORPORATE PARTNERS LIKE BURGER KING SHARE COMMITMENT TO INTERSCHOLASTIC ATHLETICS

Sponsor Update

CORE PARTNERS

SPONSORS

OFFICIAL BALL SPONSORS

FALL
Football Wilson GST, Used in all OHSAA tournament contests
Soccer Nike T-90, Catalyst, Used in all OHSAA regional and state tournament contests
Volleyball Molten/IV 58L, BKSIV-OH, Used in all OHSAA tournament contests

WINTER
Girls Basketball Rawlings/CompOHIO 28.5CB, Used in all OHSAA tournament contests
Boys Basketball Rawlings/CompOHIO CB, Catalyst Used in all OHSAA regional and state tournament contests

SPRING
Baseball Rawlings R100-OHIO, Used in all OHSAA tournament contests
Softball Optic Yellow Worth C12RYL-OH, Used in all OHSAA tournament contests

STEVEn NEIL

Steve Neil joined the OHSAA as assistant commissioner in August of 2005. He earned a pair of degrees from Miami University, where he also played baseball and worked in the athletic department for eight years. Steve works with the OHSAA’s corporate partners and serves as the administrator for ice hockey.

The Ohio High School Athletic Association is pleased to have corporate partner Burger King Corporation involved with the 2013 fall season. The sponsorship will give the BURGER KING® brand traditional advertising exposure at all OHSAA-sanctioned high school tournament events, regionals through finals. The sponsorship will be promoted in conjunction with 260 BURGER KING® franchised restaurant locations in Ohio.

BURGER KING® will be designated the “Official Restaurant of the OHSAA.” In addition to the official partnership, BURGER KING® has provided the event tickets for all OHSAA events across the state. Please find the “Buy One Get One FREE” WHOPPER® sandwich coupon on the back of your ticket this year and stop at a local BURGER KING® restaurant on the way home from any OHSAA tournament event.

To extend the partnership even further, BURGER KING® has provided regular-season tickets to 157 schools around Ohio including all Ohio Capital Conference schools. Tickets are a major expense for schools and it is great to have the support of a brand like BURGER KING® and its franchise owners to underwrite the cost of the tickets.

BURGER KING® and its franchise owners will be actively involved in events this year and the OHSAA partnership will be highlighted at participating BURGER KING® restaurant digital menu boards and window clings beginning this fall.
**STATE TOURNAMENT DVDS FOR SALE**

Check out the OHSAA’s online Fan Guide to purchase DVDs of state tournament contests back to the early 1970s. Log on to www.ohsaa.org/FanGuide. The Fan Guide also features driving directions, hotel information, souvenir program order forms, apparel links, dining information and the link to the OHSAA’s official photographer, Impact Action Sports Photography.

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**BOYS GOLF**

*When: October 11-12 (Div. II & Div. III) and October 18-19 (Div. I)*

*Where: Ohio State University Scarlet Golf Course, Columbus (Div. I & Div. III) and NorthStar Golf Club, Sunbury (Div. II)*

The 88th Division I Golf State Tournament will be a heated competition this October as Dublin Jerome tries to defend its one-stroke championship. Centerville will look to compete with a brand new roster since its entire 2012 runner-up team graduated. Division II action moves back to NorthStar after Dayton Oakwood claimed its fourth state title last year with a 19-stroke margin of victory. Ashland Crestview will attempt to repeat after bringing home its first state title in Division III.

**GIRLS GOLF**

*When: October 11-12 (Div. II) and October 18-19 (Div. I)*

*Where: Ohio State University Gray Golf Course, Columbus*

The stage will be set at The Ohio State University Gray Course as many golfers look to rise to the occasion. In Division II, Sandusky Perkins returns to defend its first state title from 2012. Dublin Jerome will attempt to win a state title for the third year in a row in Division I. Other golfers from competing schools will tighten the competition after spectacular individual play in 2012. Look out for Dayton Miami Valley School senior Sarah Kolotzick in Division II and Dublin Jerome senior Lexie Toth in Division I, who were medalists last year.

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**GIRLS TENNIS**

*When: October 18-19*

*Where: OSU Outdoor Varsity Tennis Courts, Ohio State University, Columbus, and Hilliard Davidson High School*

*Rain location: Elyssium Tennis Center, Plain City*

The 38th annual girls state tennis tournament will start on Friday at Ohio State’s renovated Outdoor Varsity Tennis Courts for the third year and continue Saturday at Hilliard Davidson High School. The tournament will bring the top girls tennis players from around Ohio to Columbus for this exciting weekend that crowned four new champions in 2012. In Division I, Lauren Golick (Westlake) won the singles title and the dynamic sister duo, Cristina and Francesca DiLorenzo (New Albany), brought home the doubles title. In Division II, Rachael Morales (Columbus Bishop Hartley) brought home her first singles title after appearing in the state tournament all four years. Gahanna Columbus Academy’s Andrea Bellinger and Hannah Wexner were crowned the doubles champions.

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**FIELD HOCKEY**

*When: November 1-2*

*Where: Upper Arlington High School, Upper Arlington*

The State Field Hockey Tournament will not disappoint teams and fans after last year’s thrilling double overtime championship game between Gahanna Columbus Academy and Columbus Bishop Watterson. Columbus Academy’s Hanna Sino scored the game-winning goal, securing a 2-1 victory and the school’s ninth state title.

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**CROSS COUNTRY**

*When: November 2*

*Where: National Trail Raceway, Hebron*

In its 85th year for boys and 36th year for girls, the state tournament will be at National Trail Raceway for the third year. Defending champions will look to repeat titles while rising young runners attempt to steal the spotlight. On the boys’ side, state titles went home with Cincinnati St. Xavier (Div. I), Peninsula Woodridge (Div. II) and Attica Seneca East (Div. III). The girls champions were Mason, which won its first title (Div. I), Akron St. Vincent-St. Mary (Div. II) and Liberty Center (Div. III).

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**GIRLS VOLLEYBALL**

*When: November 7-9*

*Where: Ervin J. Nutter Center, Wright State University, Dayton*

Wright State University’s Nutter Center will again host the 39th annual volleyball state tournament with Division I and IV semifinals beginning on Thursday followed by Divisions III and II semifinals Friday. Championship matches will be played Saturday in the same divisional order. State champions in 2012 were Cincinnati Ursuline Academy (Div. I), Cleveland Heights Beaumont (Div. II), Caesstown Miami East (Div. III) and Maria Stein Marion Local (Div. IV).

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**BOYS & GIRLS SOCCER**

*When: November 8-9*

*Where: Crew Stadium, Columbus*

The boys and girls state finals return to Crew Stadium for the 15th consecutive year when the girls will crown their champions on Friday and the boys during action on Saturday. In 2012, Perrysburg (Div. I) won its first state title, while Cuyahoga Falls Walsh Jesuit (Div. II) and Middletown Bishop Fenwick (Div. III) took home the other girls trophies. On the boys side, Powell Olentangy Liberty (Div. I), Dayton Carroll (Div. II) and Cincinnati Summit Country Day (Div. III) secured championships and brought home the hardware.

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**FOOTBALL**

*When: December 5-7*

*Where: Canton Fairless Stadium and Massillon Paul Brown Tiger Stadium*

The 42nd annual state championship football games will bring the best teams in Ohio to Canton and Massillon at the end of the fall. This will be the first year that a Division VII champion is crowned. During the playoffs, Divisions I, V and VII will play on Saturday nights, while Divisions II, III, IV and VI will play Friday nights. Of the divisions that play on Friday nights during the playoffs, one division will have its state championship game on Thursday night, Dec. 5. That will be announced after the state semifinals. The teams that took home the titles in 2012 were Cincinnati Archbishop Moeller (Div. I), Toledto Central Catholic (Div. II), Akron St. Vincent-St. Mary (Div. III), Clarksville Clinton-Massie (Div. IV), Coldwater (Div. V) and Maria Stein Marion Local (Div. VI).
FAVORITE BURGER. BIGGEST FAN.

BURGER KING® IS PROUD TO BE THE #1 SUPPORTER OF OHIO HIGH SCHOOL ATHLETICS.
YOU’VE TRAINED, YOU’VE PRACTICED, YOU’VE PLAYED. NOW FUEL UP.

As an athlete, you don’t need extra vitamins, minerals or supplements — you just need to eat the right things. Eating a variety of nutrient-rich foods from all five food groups will give you the energy you need every day.

UNLESS YOU WANT TO RUN ON EMPTY, YOU’VE GOT TO FUEL UP AND HYDRATE.

4 hours before the game, start hydrating and consider a high-carbohydrate pre-game meal such as:

- A baked potato topped with veggies and salsa
- Pasta with red sauce
- Brown rice and veggies with a side of fruit

2 hours before the game, continue drinking small amounts of fluid and, if you missed the pre-game meal, eat foods rich in carbohydrates and low in fiber such as:

- A fruit and yogurt smoothie with lowfat granola
- Toast with jelly
- Pretzels and fruit
- Cereal with lowfat or fat free milk and fruit

30 minutes before the game, hydrate with 8-12 oz. of fluid.

If the event is going to last longer than 60 minutes, grab a carbohydrate/electrolyte boost, like a sports drink, with a small serving of fruit.

AND AFTER YOUR EVENT, rehydrate with a beverage rich in carbohydrates and electrolytes such as lowfat or fat free chocolate milk (or lactose-free chocolate milk)

Chocolate milk has a carb: protein ratio of 3:1, is a good source of potassium, and has a moderate amount of sodium

FOR MORE INFO ON HOW YOU CAN GET THE SPORTS NUTRITION EDGE, PLEASE VISIT DRINK-MILK.COM