# 1 Set up: Wrestler “A” secures a half nelson on wrestler “B” with arm over the outside leg. “A” drives the head to the knee.
LEGAL

# 2-2a-3 Although not a true full nelson, this nelson-cradle meets the definition and criteria of a dangerous full nelson. The far side knee acts as the back side arm pit which creates downward pressure on the neck and can injure wrestler “B”

# 2

Touching the head as shown. When hands overlap, clasp, and/or touch head...
ILLEGAL”

# 2A

Touching the head as shown. When hands overlap, clasp, and/or touch head...
ILLEGAL”

# 2

Touching the head as shown. When hands overlap, clasp, and/or touch head...
ILLEGAL”

# 4

This nelson cradle is interpreted the same as a variation of a full nelson and shall be called and penalized the same as a full nelson.” It is illegal by application if the hands overlap, clasp or are on the ear guards.”