Nelson Cradle ... Legal

#1 Set up: Wrestler “A” secures a half nelson on wrestler “B” with arm under the outside leg.

if hands do not overlap or clasp this is LEGAL. However potential danger can be called if “A” forces “B”’s arm to be pushed beyond and behind the head.

#2
Most frequently the leg will be posted and Wrestler “A”s half is driven around over the posted knee turning Wrestler “B” to his shoulders/back LEGAL.

#3 If the hands are clasped, the lock should be over the shoulder / back. Although LEGAL, this may be Potentially Dangerous.