TO: Athletic Administrators and Head Football Coaches  
FROM: Beau Rugg, Senior Director of Officiating and Sport Management  
Angie Lawler, Director of Officiating and Sport Management  
RE: 2018 Football Off Season Information and Regulation Reminders

I want to remind all of you that the out-of-season regulations for football are more stringent than most sports. There are many state and national organizations that are contacting Ohio football players to participate in programs that could jeopardize their eligibility. Here are some key reminders:

**What students are affected by the OHSAA Regulations?**  
This is covered in Bylaw 4-3-1 and General Sports Regulation 7.1.4:  
7.1.4) Definition of a Member of a School Team/Team Member (Bylaw 4-1-3) – For purposes of these regulations, a student is a member of an interscholastic squad when the student participates in an interscholastic contest. Such status as a squad member continues until the start of the next school season in that sport.

**Regulations Prohibiting Football Players from Participating in Non-School Teams**  
(August 1-May 31)  
7.4.1) A member of an interscholastic football team may not participate in an athletic contest, a tryout or any type of team or group training or practices with a non-school team in that same sport between August 1 and May 31. Flag football, touch football and arena football are examples of non-permissible events.  
Note: This regulation applies to students invited to participate in a tryout, group training or practice at a college or in contests, tryouts, group training or practices with any non-school program or team. (General Sports Regulation 7.2.1).

**Regulations for Summer (June 1-July 31)**  
7.4.2) From June 1 to July 31, a member of an interscholastic football team may participate in an athletic contest, a tryout or any type of team or group training or practices with a non-school team. This would include 7-on-7 participation. (See General Sports Regulation 7.5 regarding coach’s involvement . . . the 10-day rule.)  
Note: All activities must be non-contact and the only football equipment the player may wear are helmets and cleats.

Remember, Ohio High School football players may not engage in contact football activities outside the season!

PLEASE EMAIL BEAU AT BRUGG@OHSAA.ORG WITH QUESTIONS.