OUT OF SEASON: PLAYER RESTRICTIONS

This information is intended to assist coaches and school administrators in keeping their school teams compliant in the “fall and winter off-season.” Please share with your players, parents and other coaches.

THE “50% RULE”

Sport Regulation 7.3.1 outlines that the number of team members on the non-school team who came from the same school or who participated in that sport as a team member at another school in the preceding season is limited to a maximum of 50% of the members of a team as defined in the playing rules of the sport. The 50% limitation in boys lacrosse is 5.

WHO COUNTS?

A student is a member of an interscholastic squad when the student participates in an interscholastic contest. A contest is considered to be a scrimmage or game. Such status as a squad member continues until the start of the next school season in that sport. If a student has never competed on ANY school team in that sport that are not governed by OHSAA Sports Regulation 7.3.1

INDOOR LACROSSE

Per OHSAA Boys Lacrosse Regulation 2.6, Indoor Lacrosse is permitted. The OHSAA has defined indoor lacrosse as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played indoors between the end of the no-contact period and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school on a non-interscholastic squad of an indoor lacrosse roster is not limited.

Frequent Q & As

Q: When are players from our school team permitted to play for their ‘club’ or ‘travel’ team (non-interscholastic team)?
A: As soon as their season is complete.

Q: How many players from our school are permitted to be on the same NON-school team (such as club or travel)?
A: No more than 5 players that played for the 9-12 school team(s) are permitted to be on the same NON-school team anytime outside the season of play except during June and July.

Q: If a player has never played lacrosse for a school team do they count in the 50% limitation?
A: No, a player establishes their OHSAA eligibility once they participate in a school game or scrimmage.