OUT OF SEASON: COACH RESTRICTIONS

This information is intended to assist coaches and school administrators in keeping their school teams compliant in the “fall and winter off-season.” Please share with your players, parents and other coaches.

WHEN & WHO CAN YOU COACH?

Beginning with the 2017-18 school year, the OHSAA has begun permitting 9-12th grade coaches to coach their athletes in the “off-season.” This can be found in General Sports Regulation 7.5.2. Coaches are still restricted during the “no-contact” period and must abide by the same summer regulations. The regulation reads: “So long as the 50 percent limitation is observed, a paid or unpaid school (interscholastic) coach approved by a Board of Education or other governing board may coach students from his/her school teams at any time except during the mandatory no-contact period. See General Sports Regulation 7.3.1 for more details on the 50 percent limitation.”

Attendance at any out-of-season activity cannot be made mandatory nor considered to be criteria for team selection in the coming year.

WHO COUNTS?

Volunteer coaches and Paid coaches must comply with all regulations. All individuals in the state of Ohio that work with student-athletes as part of a school program whether paid or volunteer, are required to be approved by their respective Boards of Education (or governing body). Therefore, there is no distinction regarding offseason regulations whether a coach is paid or not, ALL coaches must comply. Coaches that indicate they will not return to coach the team the next season are still under the Out-of-Season Regulations for the school they coached at the previous season.

7TH AND 8TH GRADE

Coaches may still coach their 7th and 8th grade athletes so long as the 50% limitation is followed. This is also General Sports Regulation 7.5.2.

Frequent Q & As

Q: What is the 50% limitation in boys lacrosse?
A: 5.

Q: Can I coach athletes from my school’s team in the off-season?
A: Yes. Coaches may now coach their athletes in the off season so long as the 50% limitation is observed.

Q: Can I coach athletes from other schools in the off-season?
A: Yes. There is no regulation that would prohibit you from coaching athletes at any level from another school. In fact, we would encourage it.

Q: Can I coach athletes from my school’s team on an indoor lacrosse team in excess of 50%?
A: No. Even though indoor lacrosse may exceed the 50% player limitation, coaches may not coach their athletes if the 50% limitation is exceeded.